

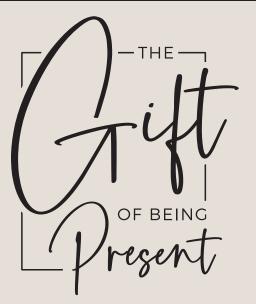


SPEAKER • AUTHOR • COACH

Author of the evocative memoir **53GroveRoad**, she pulls no punches in her speaking presentations on grief, resiliency, and forgiveness. She is proof that you can transform your life and live with peace. Her frank and open manner with an audience puts them at ease. Helen is a compelling speaker who s presentations often provoke laughter and tears.

"Creative, passionate, resilient and courageous. **Helen is engaged and authentic.** Helen has a powerful story of triumph over trauma that will benefit many audiences and individuals."

-A.S.



signature SPEAKING TOPICS:

FOREGIVENESS, GRIEF, PARENT-CHILD BONDING, HOPE, ADOPTION, ADDICTION